

# 10<sup>TH</sup> ANNUAL



# 2026 SERIES

**FREE EVENTS!**

**ALL ARE WELCOME!**

The Decathlon makes staying active February through May in **Indiana County, PA** easy & fun!

Prizes will be drawn at 1PM in the Blue Spruce Park Gazebo during Nature Palooza June 6th, 2026. Enter by **SIGNING-UP** at our in-person events, or **POST** on the "Indiana County Walking Decathlon" Facebook page with #ICDecathlon2026 by June 1st to be eligible.

## HOT CHOCOLATE WALK\* 🚶🚶🚶

**SATURDAY, FEBRUARY 7TH AT 10AM**

**MEET:** Blue Spruce Pavilion #1  
245 Getty Run Rd, Indiana

Join us as we kickoff the 10<sup>th</sup> Annual Indiana County Decathlon series with your choice of hand feeding the chickadees with Ray Winstead or a winter walk led by Barb Hauge. Warm up with a complimentary cup of Hot Chocolate. An easy walk on paved area and/or moderate walk on trails. Please dress appropriately for the winter weather.



## DOWNTOWN INDIANA INDOOR/OUTDOOR TOUR 🚶🚶

**SATURDAY, FEBRUARY 28TH AT 10AM**

**MEET:** Indiana County Courthouse  
825 Philadelphia St, Indiana

This Dr. Kevin Patrick jaunt weaves in and out of the commercial buildings of downtown Indiana highlighting their history and architecture. The walk will summarize the evolution of Indiana County's largest business district emphasizing the bank buildings where much of that business was done. The tour will include a peek inside the past of the Welcome Center: the new home of the Indiana County Tourist Bureau, the Chamber of Commerce, and Downtown Indiana in the old First National Bank building.

## FUELING PERFORMANCE GROCERY STORE TOUR 🚶🚶

**WEDNESDAY, MARCH 11TH AT 7PM**

**MEET:** MARTIN'S Produce Department  
1570 Oakland Ave, Indiana

Discover the nutrition needs for active individuals with board-certified sports dietitian Nicole Dann-Payne MS, RDN, CSSD, LDN. Celebrate National Nutrition Month with a walk through the grocery store and learn tips for making optimal food choices. Space is limited. Call 724-357-8088 for registration.

## ST. PATRICK'S DAY WALK 🚶🚶🚶

**SATURDAY, MARCH 14TH AT 10AM**

**MEET:** 51 6th St Ext, Clymer

Wear your green for a Walk N Roll Stroll. This beautiful trail in Clymer is easy to navigate with its paved surface. Come and walk or roll as far as you would like or the roundtrip 2.5 miles. After the walk, enjoy refreshments at the Clymer Social Center.

## YOUNG TOWNSHIP PARK TOUR 🚶🚶

**SATURDAY, MARCH 21ST AT 10AM**

**MEET:** 1412 Park Dr, Clarksburg

Learn about and explore some of this 140+ acre gem in Young Township. Hear from Young Township Officials about the many park facilities, including camping rentals, ballfields, a playground, and a fish pond.



Picture: Young Township Officials

## JANE'S WALK 🚶🚶

**SATURDAY, MARCH 28TH AT 10AM**

**MEET:** S 8th & Church St, Indiana

Celebrate citizen planner Jane Jacobs on our version of a Jane's Walk as we explore the 8th Street Corridor Project in Indiana Borough and discuss a project focused on improving safety, connectivity, and the overall experience between IUP's campus and downtown Indiana. We will examine proposed corridor improvements and the impacts to consider as the project moves toward implementation.



Illustration: Michael Baker International Inc.

## MIGRATING WATER BIRDS\* 🚶🚶

**SATURDAY, APRIL 11TH AT 8AM**

**MEET:** Yellow Creek State Park Office

Yellow Creek State Park is one of the top five birding destinations in Pennsylvania because of the variety of migrating water birds. Todd Bird Club will take us to some of the best vantage points in the park during the peak of migration season. We will meet at the park office and drive to several locations near the lake for short walks. Bring binoculars, a spotting scope, and a bird ID guide, if you have them, or use ours.

**BROUGHT TO YOU BY:**



**WalkWorks**  
Mobility Options for All



**MORE WALKS ON BACK!**

# LEVEL OF DIFFICULTY: wheelchair accessible easy moderate difficult

## AMERICA250PA HISTORY & ANTHROPOLOGY TOUR - SHAVER'S SPRING & CATAWBA TRAIL

### SATURDAY, APRIL 11TH AT 1PM

**MEET:** 621 Wayne Ave, Indiana

Join Jonathan Bogert, the Indiana County Historical and Geneological Society Executive Director, and IUP Anthropology Professors Amanda Poole and Abigail Adams for a tour to learn about Indiana County's features of the early days which will include some of the Indiana County 1776 GeoTrail locations.

## HEALTHY KIDS DAY AT THE YMCA

### SATURDAY, APRIL 18TH AT 10AM

**MEET:** YMCA of Indiana County  
60 N. Ben Franklin Rd, Indiana

Families can enter a fitness challenge created by IUP Exercise Science students that challenges families with activities to test your strength, endurance, balance, coordination, cooperation and problem solving skills. Join the fun! *For more information, please call the YMCA of Indiana County at 724-463-9622.*

## 150 YEARS OF IUP

### SATURDAY, APRIL 25TH AT 9AM

**MEET:** Stapleton Library, IUP Campus

Let's go on a walk through IUP's 150-year-old campus to learn about and experience the rich history, architecture, and many opportunities available to students and the community. IUP has great facilities and hundreds of programs, lectures, concerts and athletic events that are open to the public, many of them FREE!



Picture: Indiana University of Pennsylvania

## HOODLEBUG VS TROLLEY WALK\*

### THURSDAY, APRIL 30TH AT 5:30PM

**MEET:** Hoodlebug Trail Parking Area  
(North of Homer City by the entrance to the Lindy Paving asphalt plant. Access off Route 119 - across from the recycling center)

Walk a portion of the Hoodlebug trail to look at the historic landscape features (remnants of the trolley line) and history of the two public transportation systems that operated in the county in the early 1900s.

## NATIVE SPRING WILDFLOWERS VS INVASIVE PLANTS\*

### SATURDAY, MAY 2ND AT 10AM

**MEET:** Yellow Creek State Park Office  
Parking Lot

Join the Plant Patrol group for a walk on the Laurel Run Trail. Over the last two years volunteers with Plant Patrol have been removing invasive vinca in this location abundant with native spring wildflowers. Learn about the removal strategies for vinca and other invasives to improve the habitat for native plants. Information on how you can help will be shared.

## WANDERING THE BLACKLICK VALLEY NATURAL AREA\*

### SATURDAY, MAY 23RD AT 8AM

**MEET:** 800 McFeaters Rd, Seward

(Meet at parking area at the end of McFeathers Rd)

Join us for a morning hike at the Parker Tract of Blacklick Valley Natural Area on a flat 2.5-mile loop along the Blacklick Creek floodplain. Spring migration will be active, with seasonal wildflowers and ferns emerging, nesting birds establishing territories, and opportunities to spot late-season sparrows. This lesser-known Pennsylvania Natural Heritage Area also features several geocaches along the route. Please wear weather-appropriate clothing and footwear.

## THE MAIN & MANOR MARION CENTER SAUNTER

### SATURDAY MAY 30TH, AT 10AM

**MEET:** East Mahoning Township Community Park / Marion Center Park Hall,  
22823 PA-403, Marion Center

Marion Center is a country community in the center of Indiana County that will be the focus of a spring walk with Dr. Kevin Patrick that spotlights the town's history. The crossroads village predates the railroad and related development of Indiana County's mineral resources but was influenced by both.

## NATURE PALOOZA 2026

### SATURDAY, JUNE 6TH AT 10AM

**MEET:** Blue Spruce Park

1128 Blue Spruce Rd, Indiana

The Children's Advisory Commission's day of fun at Blue Spruce Park. Entire families are welcome: outside hiking & biking, kites, games, fishing, chances to win prizes, and many more outdoor activities. Food vendors and live entertainment. At 1PM in the Gazebo the Indiana County Decathlon committee will draw prizes for participants who signed up at Decathlon events, and those who posted their photos to the Facebook "Indiana County Walking Decathlon" page with #ICDecathlon2026.

## MORE WALKING OPPORTUNITIES

### INDIANA COUNTY'S CANINE ADVENTURE

For outdoor enthusiasts looking for Pet Friendly destinations. For more info, see <https://www.visitindianacountypa.org/>

### INDIANA COUNTY 1776 GEOTRAIL

For America250PA, a series of GeoCaches have been created telling the remarkable stories of Indiana County in the 1700's. For more info, see <https://www.visitindianacountypa.org/>

### INDOOR WALK AT THE MALL

Did you know the Indiana Mall encourages people to walk laps inside the mall? Open 6AM-7PM, 7 days a week, except Easter, Thanksgiving, and Christmas. One time around the inside equals half a mile.

**VISIT [ICOPD.ORG](http://ICOPD.ORG) FOR MORE WALKS, OR SCAN HERE!**



**\*IN COOPERATION WITH FRIENDS OF THE PARKS**

For more information, walks, and self-guided flyers, visit us on Facebook at Indiana County Walking Decathlon or online at [icopd.org](http://icopd.org), then click the Decathlon logo. Questions? Email [jkrug@ceo.co.indiana.pa.us](mailto:jkrug@ceo.co.indiana.pa.us)

**POST ON FACEBOOK WITH [#ICDECATHLON2026](https://www.facebook.com/ICDecathlon2026)**

**TO BE ENTERED IN A DRAWING FOR PRIZES!**