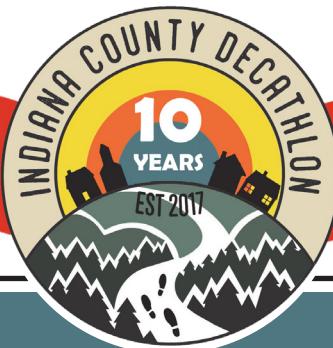


10TH ANNUAL

2026 SERIES

FREE EVENTS!



ALL ARE WELCOME!

The Decathlon makes staying active February through May in **Indiana County, PA** easy & fun!

Prizes will be drawn at 1PM in the Blue Spruce Park Gazebo during Nature Palooza June 6th, 2026. Enter by SIGNING-UP at our in-person events, or POST on the "Indiana County Walking Decathlon" Facebook page with #ICDecathlon2026 by June 1st to be eligible.

HOT CHOCOLATE WALK* ☀/!!

SATURDAY, FEBRUARY 7TH AT 10AM

MEET: Blue Spruce Pavilion #1
245 Getty Run Rd, Indiana

Join us as we kickoff the 10th Annual Indiana County Decathlon series with your choice of hand feeding the chickadees with Ray Winstead or a winter walk led by Barb Hauge. Warm up with a complimentary cup of Hot Chocolate. An easy walk on paved area and/or moderate walk on trails. Please dress appropriately for the winter weather.



DOWNTOWN INDIANA INDOOR/OUTDOOR TOUR !!

SATURDAY, FEBRUARY 28TH AT 10AM

MEET: Indiana County Courthouse
825 Philadelphia St, Indiana

This Dr. Kevin Patrick jaunt weaves in and out of the commercial buildings of downtown Indiana highlighting their history and architecture. The walk will summarize the evolution of Indiana County's largest business district emphasizing the bank buildings where much of that business was done. The tour will include a peek inside the past of the Welcome Center: the new home of the Indiana County Tourist Bureau, the Chamber of Commerce, and Downtown Indiana in the old First National Bank building.

FUELING PERFORMANCE GROCERY STORE TOUR ☀/!

WEDNESDAY, MARCH 11TH AT 7PM
MEET: MARTIN'S Produce Department

1570 Oakland Ave, Indiana
Discover the nutrition needs for active individuals with board-certified sports dietitian Nicole Dann-Payne MS, RDN, CSSD, LDN. Celebrate National Nutrition Month with a walk through the grocery store and learn tips for making optimal food choices. Space is limited. Call 724-357-8088 for registration.

ST. PATRICK'S DAY WALK ☀/!!

SATURDAY, MARCH 14TH AT 10AM

MEET: 51 6th St Ext, Clymer

Wear your green for a Walk N Roll Stroll. This beautiful trail in Clymer is easy to navigate with its paved surface. Come and walk or roll as far as you would like or the roundtrip 2.5 miles. After the walk, enjoy refreshments at the Clymer Social Center.

JANE'S WALK ☀/!

SATURDAY, MARCH 28TH AT 10AM

MEET: S 8th & Church St, Indiana

Celebrate citizen planner Jane Jacobs on our version of a Jane's Walk as we explore the 8th Street Corridor Project in Indiana Borough and discuss a project focused on improving safety, connectivity, and the overall experience between IUP's campus and downtown Indiana. We will examine proposed corridor improvements and the impacts to consider as the project moves toward implementation.



YOUNG TOWNSHIP PARK TOUR !!

SATURDAY, MARCH 21ST AT 10AM

MEET: 1412 Park Dr, Clarksburg

Learn about and explore some of this 140+ acre gem in Young Township. Hear from Young Township Officials about the many park facilities, including camping rentals, ballfields, a playground, and a fish pond.



Picture: Young Township Officials

MIGRATING WATER BIRDS* !!

SATURDAY, APRIL 11TH AT 8AM

MEET: Yellow Creek State Park Office

Yellow Creek State Park is one of the top five birding destinations in Pennsylvania because of the variety of migrating water birds. Todd Bird Club will take us to some of the best vantage points in the park during the peak of migration season. We will meet at the park office and drive to several locations near the lake for short walks. Bring binoculars, a spotting scope, and a bird ID guide, if you have them, or use ours.

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Visit
Indiana County
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**MORE WALKS
ON BACK!**

LEVEL OF DIFFICULTY:

wheelchair accessible

easy

moderate

difficult

AMERICA250PA HISTORY & ANTHROPOLOGY TOUR - SHAVER'S SPRING & CATAWBA TRAIL

SATURDAY, APRIL 11TH AT 1PM

MEET: 621 Wayne Ave, Indiana

Join Jonathan Bogert, the Indiana County Historical and Genealogical Society Executive Director, and IUP Anthropology Professors Amanda Poole and Abigail Adams for a tour to learn about Indiana County's features of the early days which will include some of the Indiana County 1776 GeoTrail locations.

HEALTHY KIDS DAY AT THE YMCA

SATURDAY, APRIL 18TH AT 10AM

MEET: YMCA of Indiana County

60 N. Ben Franklin Rd, Indiana

Families can enter a fitness challenge created by IUP Exercise Science students that challenges families with activities to test your strength, endurance, balance, coordination, cooperation and problem solving skills. Join the fun! For more information, please call the YMCA of Indiana County at 724-463-9622.

150 YEARS OF IUP

SATURDAY, APRIL 25TH AT 9AM

MEET: Stapleton Library, IUP Campus

Let's go on a walk through IUP's 150-year-old campus to learn about and experience the rich history, architecture, and many opportunities available to students and the community. IUP has great facilities and hundreds of programs, lectures, concerts and athletic events that are open to the public, many of them FREE!



Picture: Indiana University of Pennsylvania

VISIT ICOPD.ORG FOR MORE WALKS, OR SCAN HERE!



HOODLEBUG VS TROLLEY WALK*

THURSDAY, APRIL 30TH AT 5:30PM

MEET: Hoodlebug Trail Parking Area
(North of Homer City by the entrance to the Lindy Paving asphalt plant. Access off Route 119 - across from the recycling center)

Walk a portion of the Hoodlebug trail to look at the historic landscape features (remnants of the trolley line) and history of the two public transportation systems that operated in the county in the early 1900s.

NATIVE SPRING WILDFLOWERS VS INVASIVE PLANTS*

SATURDAY, MAY 2ND AT 10AM

MEET: Yellow Creek State Park Office
Parking Lot

Join the Plant Patrol group for a walk on the Laurel Run Trail. Over the last two years volunteers with Plant Patrol have been removing invasive vinca in this location abundant with native spring wildflowers. Learn about the removal strategies for vinca and other invasives to improve the habitat for native plants. Information on how you can help will be shared.

WANDERING THE BLACKLICK VALLEY NATURAL AREA*

SATURDAY, MAY 23RD AT 8AM

MEET: 800 McFeathers Rd, Seward

(Meet at parking area at the end of McFeathers Rd)

Join us for a morning hike at the Parker Tract of Blacklick Valley Natural Area on a flat 2.5-mile loop along the Blacklick Creek floodplain. Spring migration will be active, with seasonal wildflowers and ferns emerging, nesting birds establishing territories, and opportunities to spot late-season sparrows. This lesser-known Pennsylvania Natural Heritage Area also features several geocaches along the route. Please wear weather-appropriate clothing and footwear.

THE MAIN & MANOR MARION CENTER SAUNTER

SATURDAY MAY 30TH, AT 10AM

MEET: East Mahoning Township Community Park / Marion Center Park Hall, 22823 PA-403, Marion Center

Marion Center is a country community in the center of Indiana County that will be the focus of a spring walk with Dr. Kevin Patrick that spotlights the town's history. The crossroads village predates the railroad and related development of Indiana County's mineral resources but was influenced by both.

NATURE PALOOZA 2026

SATURDAY, JUNE 6TH AT 10AM

MEET: Blue Spruce Park
1128 Blue Spruce Rd, Indiana

The Children's Advisory Commission's day of fun at Blue Spruce Park. Entire families are welcome: outside hiking & biking, kites, games, fishing, chances to win prizes, and many more outdoor activities. Food vendors and live entertainment. At 1PM in the Gazebo the Indiana County Decathlon committee will draw prizes for participants who signed up at Decathlon events, and those who posted their photos to the Facebook "Indiana County Walking Decathlon" page with #ICDecathlon2026.

MORE WALKING OPPORTUNITIES

INDIANA COUNTY'S CANINE ADVENTURE

For outdoor enthusiasts looking for Pet Friendly destinations. For more info, see <https://www.visitindianacountypa.org/>

INDIANA COUNTY 1776 GEOTRAIL

For America250PA, a series of GeoCaches have been created telling the remarkable stories of Indiana County in the 1700's. For more info, see <https://www.visitindianacountypa.org/>

INDOOR WALK AT THE MALL

Did you know the Indiana Mall encourages people to walk laps inside the mall? Open 6AM-7PM, 7 days a week, except Easter, Thanksgiving, and Christmas. One time around the inside equals half a mile.

*IN COOPERATION WITH FRIENDS OF THE PARKS

For more information, walks, and self-guided flyers, visit us on Facebook at Indiana County Walking Decathlon or online at icopd.org, then click the Decathlon logo. Questions? Email jkrug@ceo.co.indiana.pa.us

**POST ON FACEBOOK WITH
#ICDECATHLON2026**

**TO BE ENTERED IN A
DRAWING FOR PRIZES!**